

# HEARING PROTECTION

# STUDENT'S GUIDE

## MODULE OVERVIEW

This module presents information on work tasks that generate exposure to noise. Symptoms of hearing loss are discussed. Tinnitus is illustrated through several examples. Selection and use of earplugs and ear muffs are discussed. You will learn how to store and maintain earmuffs properly.

## OBJECTIVES

After completing this module, you will be able to:

- Identify tasks that generate exposure to noise.
- List the symptoms of noise exposure, and explain the difference between temporary and permanent hearing loss.
- Explain how to select hearing protection and how to store and maintain it.
- Demonstrate how to insert soft-foam earplugs and how to use ear muffs correctly.

## CLASSROOM

PowerPoint presentation

## LAB

Learn about the models of earplugs provided. Refer to the PPE Table to understand when to use hearing protection in the shop.

## HOMEWORK

- **Hearing Protection – Homework.pdf** – Read about tinnitus, use a program to simulate hearing loss, and learn more about the noise produced by tools used in collisions shops.
- **Quiz**

## ADDITIONAL RESOURCES

“I want to know more” folder – information about Hearing Conservation Program and tool noise levels

